



ARHANTA YOGA RETREAT - REGISTRATION FORM
JULY 20th, - JULY 25th, 2020 @ ARHANTA YOGA ASHRAM THE NETHERLANDS

Course details	
Accommodation choice	<input type="checkbox"/> Dormitory <input type="checkbox"/> Dormitory (same gender only) <input type="checkbox"/> Double Shared <input type="checkbox"/> Single room

Personal information	
First Name	
Last Name	
Gender	<input type="checkbox"/> Male <input type="checkbox"/> Female
Street	
City	
Country	
Phone (Mobile)	
Email address	
Birth Date (DD/MM/YYYY)	

Fee Structure	
Selected Fees	<input type="checkbox"/> Standard <input type="checkbox"/> Refundable (15% extra premium payment)
<p>- Standard fees are non refundable in any situation. Under application of certain administration charges however it is possible to shift your registration to a future date or receive a credit note.</p> <p>- Refundable fees includes an insurance premium amount of 15% over the Standard fees which is payable along with the balance fee payment. This insurance covers you for:</p> <ul style="list-style-type: none"> Free cancellation and full refund of your paid course fees (excluding the paid 15% insurance premium amount) for any reason, minimum 30 days before the start of the course. 90 % refund of your paid course fees (excluding the paid 15% insurance premium amount) for any reason, minimum 15 days before the start of the course. 80% refund of your paid course fees (excluding the paid 15% insurance premium amount), if registration is cancelled less than 15 days but more than 7 days before the start of the course. 75% refund of any unused portion of the paid course fees (excluding the paid 15% insurance premium amount), if registration is cancelled less than 7 days before commencement of the course or during the course. 	

Emergency Contact	
Name	
Phone, Mobile	
Yoga experience	
How long have you been practicing Yoga?	<input type="checkbox"/> Not at all <input type="checkbox"/> Six months to one year <input type="checkbox"/> More than one year
If more than one year: How many years?	
If you are already a Yoga practitioner, which style/tradition do you practice?	
Substances & special diet	
Have you in the last 12 months used tobacco, alcohol, recreational drugs, or illicit substances?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Do you currently continue to use any of these substances? If yes, please list substance and frequency of use:	
Please note that for any residential programs conducted at the premises of the Arhanta Yoga Ashrams in India and the Netherlands, the use of tobacco, alcohol and any other drugs is strictly prohibited. Please consider carefully before applying that you will be able to discontinue the use of any such substances during the entire duration of your course.	
What is your primary diet*?	
<i>Please mention in case you have any allergies or special dietary needs:</i>	
Please check with us, if we will be able to accommodate your special dietary needs.	

Health Information
By signing and submitting this application form the applicant confirms that he or she is in a fit state to follow retreat. If you have any doubts regarding your physical or mental fitness and health, please check with us prior to submitting your application. By accepting your application, we assume that you are physically and mentally fit and stable.
Please contact us if you are pregnant.

Ashram Rules and Regulations:
<ol style="list-style-type: none"> 1. The Arhanta Yoga Ashrams are dedicated to creating a more conscious and compassionate world. Our mission is to create a safe environment to promote spirituality, ethical behavior, respect and trust. The participant's behavior and attitude, while at the ashram, should respect ashram culture and enhance the spiritual atmosphere of the ashram. 2. Guests should maintain an atmosphere encouraging mutual respect, civil and congenial relationships and free from all forms of harassment and violence, where everyone can discuss their differences and exchange ideas openly, honestly and respectfully. 3. Guests should use respectful language with each other. Any bullying, negative gossiping, spreading of rumors may result to expulsion from the retreat.

4. Use of tobacco, alcohol, non-prescription drugs, meat, fish, eggs are NOT allowed while staying at the ashram.
5. Participants should not make public displays of affection. Public nudity is forbidden. Celibacy as part of the spiritual discipline is encouraged while staying at the ashram. Modest dress (shoulders, midriff and legs covered) should always be maintained including during asana classes.
6. Participants are allowed to leave the ashram premises with permission of the yoga teacher.
7. Lights are out & silence is to be maintained after 10:30pm.
8. Use of electronic gadgets like phones / tablets etc. is not allowed in the ashram except during designated hours in the privacy of your room.
9. Use of heavy electrical items like hair dryer, iron, water cooker etc is not allowed in the rooms due to electricity overload problem.
10. Photography, video, audio recording is not allowed during the classes without prior permission of the yoga teacher.

Terms & Conditions:

1. Guests are responsible for their own medical and health care. They should carry their own medicines if necessary. Very limited medical care is available at the ashram and it can be provided only in case of emergency.
2. Arhanta Yoga Ashram cannot be held liable for any accidents, injuries or thefts during the course.
3. All fees are payable 4 weeks before the course starts or the given due date, in case of nonpayment in time the registration may be cancelled, and the deposit may be forfeited.
4. We have standard non-refundable fees and refundable fees with insurance premium. Once the registration is made it is not possible to change from one fee structure to another.
5. In case the course is rescheduled or cancelled due to unforeseen circumstances, Arhanta Yoga Ashrams liability is limited to the refund of deposited fees only.
6. Arhanta Yoga Ashram reserves the right to use any pictures / videos taken during the course and activities for its records and promotional purposes.
7. Arhanta Yoga is not responsible if the ashram environment or the course does not meet personal expectations of the participant. We only assure you what is mentioned on the website.
8. If you have any doubts regarding your physical or mental fitness and health, or are you pregnant, please check with us in a prior to submitting your registration. By receiving your registration, we assume that you are physically and mentally fit and stable.
9. All disputes are subject to the law of the Netherlands and will be decided only by the competent court in the Netherlands to the exclusion of any other court or way of settling legal or other disputes.

Cancellation & Refund Policy

1. In Case of Non-Refundable Fees (Standard Fees)

Please note that all fees are non-refundable in any situation. However, a transfer of registration or a credit note can be requested. The credit note can be used towards any future courses at Arhanta Yoga Ashrams. All credit notes have a validity of two years from the date of issue.

Transfer of registration to a future date

A guest can transfer his / her registration from one course to another course or request a credit note only before the start of the retreat (once only). After this time fees are forfeited. The guest can transfer the paid fees towards any future date within 2 years after the date of cancellation. All the transfers will incur an administration charges as following:

- If the transfer of registration / credit note is requested more than 6 weeks prior to the commencement of the retreat, there will be no *administration charge*.
- If the transfer of registration / credit note is requested less than 6 weeks but more than 4 weeks prior to the commencement of the retreat, there will be *administration charge of 10% of the total fees*.
- If the transfer of registration / credit note is requested less than 4 weeks but more than 14 days prior to the commencement of the retreat, there will be an *administration charge of 25% of the total fees*.
- If the transfer of registration / credit note is requested less than 14 days but more than 7 days prior to the commencement of the retreat, there will be an *administration charge of 35% of the total fees*.
- If the transfer of registration / credit note is requested less than 7 days prior to the commencement of the course there will be an *administration charge of 50% of the total fees*.

Note:

- After the start of the retreat any transfer of registration is not possible. An exception can be only made, in case of certain medical conditions where the participant can provide the proof that he or she cannot follow the retreat anymore. This does not cover any medical conditions or ailments which already existed prior to the start of the retreat.
- Transfer of registration to a third person is not possible.

2. In Case of refundable fees (Fees with 15% insurance premium)

A guest who has chosen the refundable fee structure and paid 15% insurance premium extra on top of the total fees (which is payable with the balance fee payment), is entitled to

- Free cancellation and full refund of your paid course fees (excluding the paid 15% insurance premium amount) for any reason, minimum 30 days before the start of the retreat.
- 90 % refund of your paid course fees (excluding the paid 15% insurance premium amount) for any reason, minimum 15 days before the start of the retreat.
- 80% refund of your paid course fees (excluding the paid 15% insurance premium amount), if registration is cancelled less than 15 days but more than 7 days before the start of the retreat.
- 75% refund of any unused portion of the paid course fees (excluding the paid 15% insurance premium amount), if registration is cancelled less than 7 days before commencement of the course or during the retreat.

Transfer of registration to a future date (with refundable fee structure):

A participant who has paid the full fees and the insurance premium of 15% can transfer his / her registration from one course to another course or request a credit note which is valid for 2 years. All the transfers will incur the charge of the premium payment and depending on the situation the following

additional charges:

- If the transfer of registration / credit note is requested more than 14 days prior to the commencement of the retreat, there will be no additional administration charge.
- If the transfer of registration / credit note is requested less than 14 days prior to the commencement of the retreat, there will be an additional administration charge of 10% of the total fees.
- If the transfer of registration / credit note is requested less than 7 days prior to the commencement of the retreat, there will be an *administration charge of 15% of the total fees.*

3. In case of expulsion from the retreat

If a participant is expelled from the course due to non observance of ashram rules/ regulations, then no refund can be claimed.

4. In case of cancellation or rescheduling by Arhanta Yoga

In case of cancellation or rescheduling of the retreat by AYA, guests have the choice to transfer to another course or to receive a full refund of the paid fees. Our liability is limited to the refund of the received fees only.

Liability Waiver

For a complete overview of liability, we refer to Arhanta Yoga's Liability Waiver and Terms and Conditions: <https://www.arhantayoga.org/general-conditions>

GPDR Privacy Policy

This form collects your data for administration of your registration. This data is used to ensure full and detailed registration for your stay at the Ashram to provide the correct requirements for your interaction and/or stay at our accommodation. This data is secured and only handled by Arhanta administrators. It is stored on our protected online database, accessible to Arhanta administrators, and backups are made on a protected server as well as locally on protected administration devices.

The registration data and email records are removed after five years. You have full rights to have any or all of your data completely purged or changed at any time.

Your data will not be sold or exchanged for marketing goals. After sending us a mail, we will send you emails only concerning information about your course or relevant to you personally.

<https://www.arhantayoga.org/privacy-policy/>

Full Disclosure

The information an applicant provides on this form is treated as confidential and will only be seen by those teachers and staff involved with the Teacher Training Course. Arhanta Yoga treats all personal data you provide in accordance with the Personal Data Protection Act.

"By submitting this registration and typing my full name below I affirm the statements below: -

1. I affirm that the information provided on this form is true and complete to the best of my knowledge. False, incomplete, or misleading information is grounds for rejection of this registration, expulsion from the program, or revocation of certification after completion of the retreat.

2. I confirm that I am in appropriate mental and physical health to be able to follow the retreat.
3. I confirm that I have read and agreed on the Rules & Regulations, Refund policy, terms & conditions and liability waiver of Arhanta Yoga.
4. I understand that non-observance of ashram rules can result in expulsion from the retreat.
5. For our general terms and conditions and liability waiver please refer to:

<https://www.arhantayoga.org/general-conditions/>

<https://www.arhantayoga.org/Liability-waiver.pdf>

Full Name OR Signature

Date

**This is a digital form thus typing the name will be treated the same as a signature.*

The form can be filled and sent digitally to ttc@arhantayoga.org

For questions you can text or call us on WhatsApp: +31 618504823